

Radiesse, Voluma & Juvederm Post Treatment: Checklist

- Apply an ice pack or cold compress to the injection area after treatment to help reduce swelling. If swelling or redness persists too long, please contact our office.
- It is normal to feel a “firmness” in your injection area for the first few days after treatment. Over time, the area will soften, leaving you a soft, natural looking result.
- Many patients return to their normal routine/activities immediately, but you should check with your physician for his/her recommendation.
- Makeup may be applied shortly after treatment if no complications are present. Apply makeup gently, avoiding strenuous rubbing of the injection area.
- The injection area may also be gently washed a few hours after treatment, avoiding aggressive scrubbing or rubbing.
- Sunbathing, or excessive UV exposure should be avoided until the redness or swelling have subsided.
- Limit facial movement. No heavy kissing, laughing, drinking from a straw or strong facial movement for the first 36 hours.
- Immediately report any worsening or persistent symptoms or side effects to our office at 480-425-8700.**